

Western PA Kidney Kamp

Kamper Packing Checklist

- Medications and Medical Supplies/adaptive equipment if needed**
- PD treatment supplies (if applicable)**
- Sleeping Bag and Pillow (Bed linens are provided, but may bring)
- Bath towel, Beach towel, Washcloth
- Sneakers (must have)** and Flip Flops (for shower and pool)
- Shirts: T-shirts, sweatshirt, tanks (not thin strapped or strapless)
- Shorts – 3 or 4 pair
- 1 jeans/long pants
- Underwear/socks (pack extra)
- Pajamas
- 1 jacket or rain gear (poncho/windbreaker)
- Swimsuit (no speedos or bikinis. Swim trunks and modest two-piece swimsuits are acceptable. **Everyone must wear a t-shirt or cover-up to and from the pool area**)
- Toothbrush/Toothpaste
- Deoderant
- Personal hygiene items as needed** (ex: feminine products)
- Hat / Sunglasses / Sunscreen
- Extra spending money for Idlewild Park (optional)
- Camera (optional) – marked with Kampers Name

Please do not send:

- Expensive belongings such as jewelry, keepsakes, etc.
- Ipads/Ipods, Radios/CD players
- Colognes, perfumes or other strongly-scented lotions

Kidney Kamp and LCCC policy states:

Kampers in possession of the following will be sent home:

- Knives of any kind/size or other weapon
- Fireworks
- Tobacco/cigarettes
- Alcohol
- Drugs

And also, for the safety of all of Kidney Kamp and LCCC Campers, we reserve the right to examine personal possessions. The search is completed in the camper's presence and only if there is reason to believe they have any of the items listed above. Every effort will be made to contact the parents first; the Staff will conduct the search in a manner respectful of the camper's belongings.

For the safety and enjoyment of your Kamper, please help your child pack and prepare wisely.